

# Thorne Account Setup

It is a pleasure to have you become a member of Terrain Health! Please follow these easy steps to schedule your appointment at the lab.

- ☐ Login to Thorne.com with your email address. The password is terrainhealth
- ☐ Click "Test Results" on the left side of the screen.
- ☐ Click : "Complete" (next to "Biological AgeTest -Complete Health Profile".)
- ☐ Clicking "Test Results" is the way to view any outstanding action items in your Thorne account. Complete your Health Profile. \*\*\*very important\*\*\* Your Health Profile must be filled out completely in order to schedule your lab appointment. You do not have to fill it out in one sitting. It is ok if you fill it in partially, log out and then login as needed to finish. Clicking "Test Results" is the way to view any outstanding action items in your Thorne account.
- ☐ Once you've completed your Health Profile you will see "Schedule Your Appointment".
- ☐ You will see "Who is sending you for testing". Please click "Purchased My Own".
- ☐ Next you will see "What testing do you need?" Please click "All other tests".
- ☐ A window will appear asking "Have you already purchased a test from Quest Direct?" Please click Yes, because we have already ordered the test for you.
- ☐ Next you will be able to select the Quest lab location that's best for you by entering your zip code.
- ☐ You will then be given the option of scheduling an appointment or simply walking into the lab without an appointment.